



SKIN FORMULAS

Chemical Peel

Aftercare Advice

I understand the following risks associated with Chemical Skin Peel:

- A degree of discomfort i.e. - stinging, hotness and very rarely swelling may be experienced but are normally minimal and short-lived.
- Redness is usually superficial, mild and short in duration.
- Scarring is very unusual but could occur.
- Moles, blood vessels, freckles and sun spots may appear more obvious after the treatment due to the removal of dead skin cells.
- Pigmentation may occur after the treatment, the use of a full UVA and full UVB protector is advised to reduce these risks.
- Allergic reactions have been reported although unlikely, they may occur.

Post Treatment Care Advice

- SPF 20 must be worn daily for one month afterwards. A chemical peel removes the top protective layer of skin cells, so extra protection is necessary for one month post treatment.
- Avoid touching or picking at the peeling skin unnecessarily.
- Follow your homecare regime as recommended by your therapist.
- It is important to keep your skin hydrated after a chemical peel. Drink plenty of water and use an SPF moisturiser.
- No heat treatments permitted for 48hrs afterward treatment i.e. sauna, steam room, hot showers, facial waxing
- No make up application permitted for 48hrs afterwards, with the exception of a mineral make up which can be applied immediately after.
- Avoid performing vigorous exercise.
- Do not use exfoliation products i.e. Aha's, glycolic & retin a products for 12 hours post treatment.
- No exposure to sunbeds for one month post treatment
- No shaving the face for 48hrs after treatment.
- Any impurities under the skin will come to the surface within a short time after the treatment, so a breakout is a good sign of the skin clearing impurities from within.

Should you have any questions or concerns regarding your Chemical Peel Treatment, please do not hesitate to contact us.