

Microblading Aftercare Instructions

To maintain your PhiBrows, it is essential that you follow these instructions after your microblading Treatment

Please keep your brows dry for 10 days

Day 1 (day of treatment)

- Please clean your brows every 45 minutes until you go to bed. Using cooled boiled water and cotton pad, remove your aftercare cream and apply a small amount of fresh aftercare cream with cotton bud. *Please be careful to not scratch your brows. Make sure your hands are completely clean before caring for your eyebrows.*

Day 2

- Same as above every two hours.

Day 3

- Same as above every three hours

Day 4– 10

- Same as above morning & night.

The following **must be avoided** during all 10 days post microblading procedure:

- 🚫 Increased sweating
- 🚫 Keep fit classes, walking, yoga etc.,
- 🚫 Swimming
- 🚫 Hot sauna, hot bath or jacuzzi
- 🚫 Sun tanning or salon tanning
- 🚫 Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face or neck

- Picking, peeling or scratching of the micropigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Drinking alcohol in excess as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab. Before showering apply a layer of post-care cream to protect your eyebrows from moisture. During the shower keep your face away from the shower head.

Itching and flaking may appear during the first seven days post microblading procedure. However, experience has shown that by following these aftercare instructions these symptoms may quickly disappear.

Touch-ups and/or correction of the shape/design is recommended only after 5 weeks from initial treatment.

What to expect during and after your microblading session

Your new temporary eyebrow will go through several phases during the healing cycle.



The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin and has not yet settled in completely. The colour of the pigment will soften gradually. Do not be alarmed if you see some pigment in the cotton swab as this is excess pigment and/or body fluid that is naturally exiting your skin. Once the healing of the skin starts taking place it will look like dandruff flakes or dry skin. This might give you the impression that the colour pigment is fading too quickly, however, this is just superficial

colour and dry skin being naturally removed from your eyebrows.

Always apply a thin layer of PhiBrow Sun and Sweat cream to your brows 15 mins before sun exposure or any gym, walking, workout activity. Sun exposure and excessive sweating (workout) will cause the colour pigment to breakdown and fade more quickly.